

**MISSOURI DEPARTMENT OF MENTAL HEALTH (DMH)  
COMPREHENSIVE PSYCHIATRIC SERVICES (CPS)  
STATE ADVISORY COUNCIL (SAC)  
MEETING MINUTES  
October 23, 2008  
Jefferson City, Missouri**

**Members Present:** Donna Lay, Erica Stephens, John Robbins, John Harper, Helen Minth, Karren Jones, Kim Johnson, Mary Lou Bussabarger, Jessica Johnson, Liz Hagar-Mace, Suzanne Taggart, Linda Clarke

**Members Absent:** Mark O'Toole, Greg Markway, Al Henning, Sarah Stanton, Robert Qualls, Sandra Hamilton, Glenda Meachum-Cain

**Visitors:** Barb Anderson

**DMH Staff:** Clive Woodward, Ronda Reitz, Steve Reeves, Beth Ewers-Jones

**SAC Staff:** Tish Thomas (filling in for Rosie Anderson-Harper), Melissa Rivers

TOPIC/ISSUE	DISCUSSION	ACTION/PENDING Responsible Due Date
CALL TO ORDER	Helen Minth called the meeting of the CPS-SAC to order at 10:00 a.m. on Thursday, October 23, 2008. The meeting was held at the Department of Mental Health, 1706 East Elm St., Jefferson City, Missouri, in Conference Room B.	
INTRODUCTIONS/ PACKET REVIEW	Welcome and introductions were facilitated by Helen Minth. Robert Qualls and Rosie Anderson-Harper were in Phoenix, Arizona for the Mental Health Block Grant Peer Review.	

<b>PERFORMANCE OUTCOMES &amp; DATA</b>	Clive Woodward reported on the most updated information regarding the performance measures for CPS Inpatient services only. This report starts in July 2007, and includes the most serious of allegations of Employee Misconduct. This is in response to Senate Bill 3. This report reviews Employee Misconduct data gathered from this new process, with the goal of identifying issues for which further improvement is needed. (See handout for details.)	
<b>BUDGET REVIEW</b>	Steve Reeves presented an update on the budget request for FY2010. He gave an overview for the entire Department of Mental Health. He reported primarily on CPS budget items, such as: Psychiatry Shortage, Fair Market Rent (for the SCLP housing), School Based Mental Health Services, etc. (See handout for details.)	
<b>DIALECTICAL BEHAVIOR THERAPY OVERVIEW</b>	Ronda Reitz gave a presentation on Dialectical Behavior Therapy. During her PowerPoint presentation, she explained what Dialectical Behavior Therapy (DBT) was, the stages of treatment, the effectiveness of DBT, and what makes DBT work. (See handout for details.)	
<b>MENTAL HEALTH TRANSFORMATION UPDATE</b>	Diane McFarland gave an update for the Office of Transformation. She reported that the Consumer/Family/Youth Leadership Summit will be the launch of the “Real Choices, Real Voices” series. She stated that Mental Health Transformation, with the help of SAC, was striving to educate the public, reduce stigma, and change attitudes towards mental illness by actions such as the summit and Show-Me Series. Diane reported that the Show-Me Series has been launched and is progressing with such programs as: Mental Health First Aid, RESPECT Seminars, and Procovery.	
<b>MEMBERS REPORTS AND ANNOUNCEMENTS</b>	<p>Donna Lay reported that she is an interim instructor for Mental Health First Aid. She also reported she is still very busy with work, and the Co-Occurring Disorders program is doing very well and is almost always full.</p> <p>Linda Clark reported that she attended the first Office of Transformation Mental Health and Aging Group meeting. She stated that a suggestion made during the</p>	



<p><b>OLD BUSINESS</b></p> <p><b>NEW BUSINESS</b></p> <p><b>ADJOURN</b></p>	<p>Taken Together,” with the focus of this event being on advocacy. The speakers who have been invited to MHAD are Cindy Keele, who would speak regarding self-advocacy, and Jim House, who would speak regarding system advocacy. She also reported that Betty Sims would be invited to be the keynote speaker at MHAD. Tish asked the SAC members to come up with suggestions for the Media Awards recipients. Donna Lay made a motion to accept the slogan for MHAD. Karren Jones seconded the motion. The council voted unanimously in favor.</p> <p>The SAC members were asked to help the council grow in size by inviting individuals to come and observe the council meetings, and possibly represent the various agencies, family members, consumers, etc.</p> <p>There was no new business to discuss.</p> <p>John Harper made a motion to adjourn. Mary Lou Bussabarger seconded the motion. The council voted unanimously in favor. The State Advisory Council for the Division of Comprehensive Psychiatric Services adjourned at 1:45 pm on October 23, 2008.</p>	<p>Melissa Rivers will be creating a listing of various positions available for representation to SAC.</p> <p>The next SAC meeting will be on November 20, 2008 at the DMH central office.</p>
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